

Help us Get to Know your Teen!

In order to help us get to know your teen, please complete this form as completely and honestly as possible. Thank you!

Teen's Legal Name _____

Nickname _____

Date of Birth _____ School _____ Grade _____

Behavioral Excesses:

What does your teen currently do too often, too much, or at the wrong times that gets him/her in trouble?
Please list all the behaviors:

Behavioral Deficits:

What does your teen fail to do as often as you would like, as much as you would like, or when you would like? Please list all the behaviors:

Behavioral Assets:

What does your teen do that you like? What does he /she do that others like?

Others Concerns:

What other concerns do you have about your teen or your family?

Teen's Name:

Nickname:

Birthdate:

Treatment Goals:

From your preceding list of your teen's behavior and your family concerns, what problem behaviors do you want to see change first, and how much must they change for you to be satisfied?

Family Relationships:

| Name of PARENT | Biological parent | | Legal parent or guardian | | Has custody | | Nights per week | Days per week |
|----------------|-------------------|----|--------------------------|----|-------------|----|-----------------|---------------|
| | Yes | No | Yes | No | Full Shares | No | | |
| | Yes | No | Yes | No | Full Shares | No | | |
| | Yes | No | Yes | No | Full Shares | No | | |
| | Yes | No | Yes | No | Full Shares | No | | |
| | Yes | No | Yes | No | Full Shares | No | | |

| Siblings – Name | Age | Biological Relatedness | Lives with teen? | Explanation |
|-----------------|-----|------------------------|------------------|-------------|
| | | | | |
| | | | | |
| | | | | |
| | | | | |

| Significant Others NOT living with your teen? | | | | |
|---|-----|--------------|-----------|----------------------|
| Name | Age | Relationship | Grade/Job | Role in child's life |
| | | | | |
| | | | | |

Describe any past counseling that either your teen or any family member experienced. Use the back of this page if necessary and check here _____ if you do.

Does anyone in the teen's family use currently (or in the past) any type of drug, tobacco, or alcohol? If yes, please describe:

Teen's Name:

Nickname:

Date of Birth:

Education History:

What school does your teen attend?

Address:

Phone:

School Counselor's Name:

Current Grade:

Are you in regular contact with the school? YES NO If yes, what's the nature of the communication?

Has your teen ever repeated a grade?

If so which one(s)

Has your teen ever received Special Education services or been given an IEP/504 Plan? If yes, please summarize accommodations/recommendations:

Has your child experienced any of the following problems at school or home? (Circle all that apply)

fighting

lack of friends

drug/alcohol use

detention

suspension

learning disabilities

poor attendance

poor grades

gang influence

incomplete homework

behavior problems

Medical History:

What is the name of your teen's physician?

Address:

Phone:

Date of teen's last medical examination:

Did the child's mother smoke tobacco or use any alcohol, drugs or medications during the pregnancy?

If so, please list which ones:

Did the child's mother have any problems during the pregnancy or at delivery? If so, please describe them:

Teen's Name:

Nickname:

Birthdate:

Has your teen experienced any of the following medical problems? (Circle all that apply)

A serious accident

Hospitalization

Surgery

A head injury

High fever

Convulsions/seizures

Eye/ear problems

Meningitis

Hearing problems

Allergies

Loss of consciousness

Asthma

IBS/Crohn's Disease

Cutting/Self Injury

Other _____

Does your teen smoke cigarettes? YES NO If yes, please describe your feelings about this:

Is your teen sexually active? YES NO If yes, please describe your feelings about this:

Does your teen consume alcohol or illicit drugs? YES NO If yes, please describe your feelings about it:

Please list current medical problems or physical handicaps:

Please list medications that your teen takes. If your child is under the care of a psychiatrist, please complete the Release of Confidential Information form which will allow us to coordinate services with your teen's psychiatrist.

Other History:

Has your teen ever experienced any type of abuse (physical, sexual, or verbal)? If so please describe:

Has your teen ever talked about hurting him/herself or someone else?

Has he/she ever purposely hurt himself or another? If yes to either question, please describe the situation:

Has your child ever experienced any serious emotional losses (such as a death of or physical separation from a parent or other caretaker)? If yes, please explain:

What is currently stressful to / for your teen and his/her family?